



Preschool Lesson Plan

One-day Curriculum Sample for Theme of the Week—Shapes

Interest Areas

Blocks

Discuss shapes in the block area; children form new shapes with blocks

Motor Skills

Large rectangles and squares on the floor

Yoga: one-footed tree

Sensory

Pom-poms and paper towel tubes

Read Aloud

Daily books on shapes, such as *Shape Capers* by Cathryn Falwell, *Los Colores y las Figuras* by Gladys Rosa-Mendoza

Large Group Activities

Music & Movement: Rectangle & square song

Circle time

Music & Drama: Theme-based class with visiting artist

Show & Tell

Shape hunt

Small Group Activities

Art: popsicle stick squares

Math: shape bingo and counting vehicles

Outdoor Experiences

Morning walk

Play lot (or Annex) time

Afternoon walk

*All outdoor activities are weather permitting

morning

7:00 – 8:45

Free Play/Interest Areas

8:45 – 9:00

Morning Snack

9:00 – 9:30

Circle Time—Morning Activity

9:30 – 10:00

Large Motor Development—
Outdoor or Indoor Play

midday

10:00 – 11:30

Classroom Activities—
Including fine motor development

11:30 – 12:30

Lunch

12:30 – 2:30

Nap Time

2:30 – 3:00

Wake up

afternoon

3:00 – 3:30

Afternoon Snack

3:30 – 5:00

Afternoon Activity—Art, Music, Sensory

5:00 – 6:00

Free Play/Interest Areas

