

# Concordia Day

# Snack Menu March 2020

Mon	Tue	Wed	Thu	Fri
2. Yogurt & Apples Oranges & Whole Grain Crackers	3. English Muffins & Bananas Whole Grain Goldfish & Apples	4. Whole Grain Waffles & Apples Cheese & Apples	5. Bagels & Apples Whole Grain Crackers & Oranges	6. Cereal & Apples Apples & Cheese
9. Yogurt & Apples Oranges & Whole Grain Crackers	10. Waffles & Bananas Cheese Sandwiches & Apples	11. Whole Grain Bagels & Bananas Beans & Rice	12. Whole Grain Cinnamon Toast & Apples Whole Grain Crackers & Oranges	13. Cereal & Apples Cheese & Oranges
16. Yogurt & Apples Whole Grain Crackers & Oranges	17. English Muffins & Bananas Quesadilla & Apples	18. Bagels & Apples Whole Grain Crackers & Oranges	19. Whole Grain Waffles & Oranges Cheese & Apples	20. Cereal & Apples Oranges & Crackers
23. Yogurt & Apples Whole Grain Crackers & Oranges	24. Cereal & Bananas Cheese & Apples	25. Cinnamon Toast & Apples Beans & Tortilla	26. Bagel & Apples Apples & Cheese	27. Cereal & Apples Quesadilla & Oranges
29. English Muffins & Apples Oranges & Cucumbers	30. Whole Grain Crackers & Cheese Apples & Whole Grain Goldfish	31. Cereal & Oranges Cream Cheese & Apples	<b>All snacks are served with water.</b>	