

spring lunch menu }

march 2020

april 2020

may 2020

monday

tuesday

wednesday

thursday

friday

March 2, 2020

BBQ Chicken
BBQ Tofu
WG Roll
Roasted Sweet Potatoes
Pear Slices

March 3, 2020

Beef Taco
Boca Taco
Flour Tortilla
Roma Tomatoes
Mango

March 4, 2020

Asian Meatballs
Veggie Meatballs
Quinoa
Broccoli
Orange Slices

March 5, 2020

Rotini Pasta
Tomato Cream Sauce
Mozzarella Cheese
Green Beans
Pineapple

March 6, 2020

Chicken Nuggets
Veggie Nuggets
WG Roll
Peas & Carrots
Apple Slices

March 9, 2020

Beef Kofta Bites
Veggie Kofta Bites
WG Roll
Cucumber Slices
Cantaloupe

March 10, 2020

Kung Pao Chicken
Kung Pao Tofu
Asian Noodles
Broccoli
Pineapple

March 11, 2020

Turkey Sausage Patty
Veggie Sausage Patty
French Toast
Peas
Honeydew

March 12, 2020

Lasagna Roll Up
Green Beans
Pearsauce

March 13, 2020

Veggie Burger
WG Bread
Butternut Squash
Apple Slices

March 16, 2020

Turkey Meatloaf
Veggie-loaf
WG Roll
Mashed Potatoes
Orange Slices

March 17, 2020

Tortellini Marinara
Mozzarella Cheese
Green Beans
Cantaloupe

March 18, 2020

Sweet & Sour Chicken
Sweet & Sour Tofu
Brown Rice
Broccoli
Pineapple

March 19, 2020

Creamy Mac and Cheese
Peas
Honeydew

March 20, 2020

Fish Tenders
Veggie Nuggets
WG Bread
Steamed Carrots
Kiwi

March 23, 2020

Turkey Sloppy Joe
Boca Sloppy Joe
WG Bun
Green Beans
Pear Slices

March 24, 2020

Lemon Chicken
Lemon Tofu
Brown Rice
Cucumber Salad
Honeydew

March 25, 2020

Beef Burger
Veggie Burger
WG Bun
Roasted Beets
Banana

March 26, 2020

Baked Ziti
Broccoli
Pineapple

March 27, 2020

Veggie Tamale
Steamed Carrots
Apple Slices

March 30, 2020

BBQ Chicken
BBQ Tofu
WG Roll
Roasted Sweet Potatoes
Pear Slices

March 31, 2020

Beef Taco
Boca Taco
Flour Tortilla
Roma Tomatoes
Mango

nut free kitchen!
scratch cooking!

